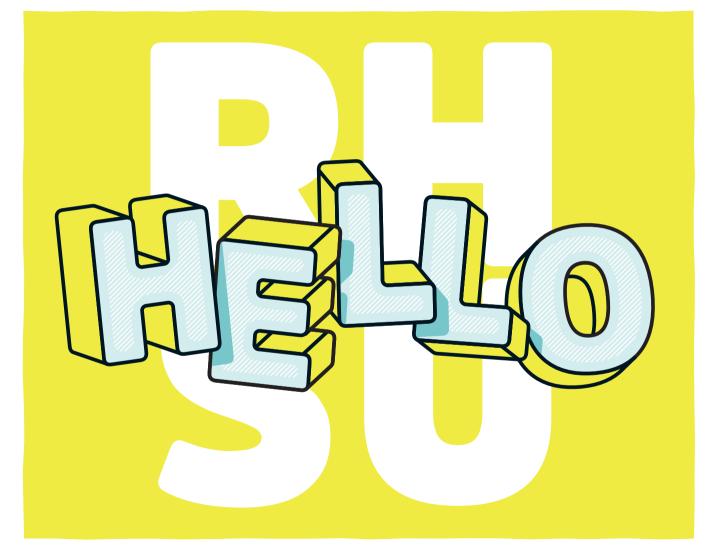


YOUR INTRODUCTION TO ROYAL HOLLOWAY STUDENTS' UNION HAS ARRIVED.



WELCOME TO ROYAL HOLLOWAY STUDENTS' UNION.

@SURHUL

KEEP UP TO DATE BY VISITING SU.RHUL.AC.UK

Starting university can be a bit scary. Never mind the fact that you're leaving home (and the comfort of a constantly stocked cupboard) but you now have to contend with real life dilemmas! Do you hit the gym or have a cheeky midday nap? It's a toughie.

Seriously though, you're about to embark on an amazing journey. You'll meet your best friend for life, subsequently fall out with them over an unwashed pan, before making up over pizza. You'll discover talents you never knew you had, be it a new sporting discipline, or on the radio presenting your own show, and you'll experience the joy of living and studying on an absolutely stunning campus - just wait until you see it dusted in snow.

to help you along the way, refuelling you post-match in Tommy's Kitchen, giving you helpful advice on that

As your Students' Union we'll be here

and beyond.

niggling academic issue you have, and laying on great events on a weekly basis - from the best value night on campus, Toast, to Summer Ball with the likes of Mabel. Rudimental and a whole host of other massive names thrown in across the year.

This guide is a guick run through of what to expect from us this year and it gives you some pointers on how to successfully navigate Freshers' Festival

So sit back, put your feet up and grab a brew. It's going to be a cracker.

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Jack O'Neill.

>> PRESIDENT

Hey everyone, I'm Jack - your SU President. I represent your views to the University and lobby for the change that matters to you.

Following our Democracy Review, I'll be establishing new and exciting ways to engage with all students, making sure we are the representative voice of students at Royal Holloway. I'm also looking to work with the College on implementing a new Wellbeing Strategy, as well as leading on some key pieces of research as we look to understand how we can better support postgraduate students, and improve careers support.

If you ever have any questions, don't hesitate to get in touch!

>> PRESIDENT@SU.RHUL.AC.UK



THE STUDENTS' UNION EXISTS FOR ONE PURPOSE - TO MAKE STUDENT LIFE BETTER AT ROYAL HOLLOWAY. UPON ENROLLING AT THE COLLEGE YOU AUTOMATICALLY BECOME A MEMBER, AND WE'LL REPRESENT YOU ON BOTH A LOCAL AND NATIONAL LEVEL.

But what exactly does that mean? Well, think of the Students' Union as that place that always has your back. Independent from the University, we're here to champion student interests. This means we can fight for your rights and ensure you are always getting your voice heard.

Representation is just one slice of the pie when it comes to what we're about. We're also responsible for running all the clubs and societies on campus ensuring there's always an outlet for your passions, while we cook up a mean burger in our bars (there's more on our venues later on).

Away from the bar, we run an Advice Centre that offers confidential, impartial advice, a housing platform to help you find your next student pad, tons of free events with our Give It A Go programme and loads more!

We can't wait for you to get involved. See you in September when the fun begins!

Do you want to lead your Students' Union?

Every year we elect a team of full-time Sabbatical Officers (like Jack on the opposite page) who lead the Students' Union.

Any student can become an Officer so keep an eye out for our SU Elections opening at the end of term one. Whether you're after a paid full-time Sabbatical Officer role or parttime voluntary trustee role, this is your chance to stand up and lead on issues that really matter while working with your fellow students. As a democratic organisation we believe that elections show the best of what we can achieve when we work together.

>> SU.RHUL.AC.UK/ELECTIONS

Campaigning on big issues.

Students like yourself direct the issues we campaign on and we're not afraid of tackling complex pieces of policy in order to improve students' rights. Alongside this, our student groups lead the way on liberation campaigns such as BME, Disability, LGBT+ and Women's History months. See how you can change the world around you online or pop in and have a chat with one of the Sabbatical Officers.

>> SU.RHUL.AC.UK/CAMPAIGNS



Kate Roberts.

>> VP EDUCATION

Hi. I'm Kate. vour Vice President Education! My role is to represent your academic interests and help improve your academic experience on campus. I do this through empowering academic reps. attending College meetings, running campaigns, and more.

I sit on a number of University committees, including Academic Board where the College's academic strategy is decided, and I'll be lobbying for changes to improve your student experience. This year I'm specifically focusing on online resources, addressing the BAME attainment gap and improving our interaction with academic societies.

Interested in becoming an academic rep or have any questions? Please get in touch!

>> VPEDUCATION@SU.RHUL.AC.UK

REPRESENTING YOUR ACADEMIC INTERESTS.

It'd be very easy to think the Students' Union is here to purely focus on the social side of campus life, but that's only half of the story.

At the end of the day you're here to get a degree and one

Course reps work on ensuring your degree programme is departments to instigate change while the VP Education

what happens on your course and give a voice to your peers.

>> SU.RHUL.AC.UK/ACADEMICREPS

OUR ADVICE CENTRE IS CONFIDENTIAL, ACCESSIBLE AND FREE.

It's normal to feel overwhelmed.

this way. While we encourage you to step out of your comfort

see one of our advisors or call Nightline on 0207 631 0101.

>> ADVICE@SU.RHUL.AC.UK



Union Shop and The Hub.

effectively reach out for help.

the GP Surgery.

Lucy Simpson.

>> VP WELFARE & DIVERSITY

Hi, I'm Lucy, your Vice President Welfare and Diversity. This year. I'll be working to implement improved nutrition within outlets such as Founder's Dining Hall, the

I'm also working on improving safety for individuals who have been subjected to assault, by creating resources for survivors to

In addition, I'll be promoting the work of passionate students who want to enact positive change within our community and environment. Therefore, I'll be pushing hard for better systems of feedback at the College, particularly for student support services and





Sophia Bolton.

>> VP SOCIETIES & MEDIA

Hi everyone, I'm Sophia, your Vice President Societies and Media! Over the past four years I've been heavily involved in societies at Royal Holloway, so it's incredibly exciting to have the opportunity to represent you and develop our amazing student groups.

One of my main aims this year is exploring ways that we can support disadvantaged students, to help make student groups more inclusive!

I'll also be continuing the lobbying efforts for better space on campus, and revamping Socs Ball – our annual awards celebration.

Have a question? Drop me an email, or just say hi if you see me on campus!

>> VPSOCIETIES@SU.RHUL.AC.UK

OUR SOCIETIES DO AMAZING THINGS.

Whether you've always wanted to try your hand at musical theatre and acting, or you want to learn how to speak French like a local, there's a place for everyone within our societies and media outlets.

Our Freshers' Fair, taking place on Monday 23 and Tuesday 24 September, is a great place to meet societies and find out more about their activities. If you can't find a society that piques your interest, why not form one of your own? The Students' Union can support you through the process of creating an entirely new group!

STUDENT OPPORTUNITIES MEMBERSHIP

To join a society, sports club or media outlet you first need to grab yourself a Student Opportunities Membership. This membership fee contributes to the 'behind the scenes' costs that go into supporting each student group. This ranges from booking training, fixtures and transport hire, through to support with putting on events and trips.

>> SU.RHUL.AC.UK/SOCIETIES



OUR THREE MEDIA OUTLETS ARE A PERFECT HOME FOR ANY BUDDING JOURNALISTS, BROADCASTERS, OR CREATIVES. THEY ARE YOUR FIRST PORT OF CALL FOR THE LATEST NEWS AND ENTERTAINMENT ON CAMPUS.

Orbital Magazine distributes a monthly magazine with a variety of articles ranging from artist interviews to breaking news stories. Find up-to-date news about what's happening on and off campus in their online articles.

Broadcasting around campus, Surrey and beyond, Insanity Radio 103.2FM is our resident radio station. With a schedule of chart and chat shows, specialist shows, and news broadcasts, you're guaranteed great music, great presenters and great coverage.

Have an idea for a TV show? Pitch it to rhubarbTV and you might see yourself producing, filming, or starring in your own web series! They produce a range of online content such as gameshows, live streams, and interviews with acts on club nights.

>> SU.RHUL.AC.UK/MEDIA



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Dom Brown.

>> VP SPORT

Hey, I'm Dom Brown and I'm going into my second year as Vice President Sport. As well as supporting all of our sports clubs, my role has an impact on sports provision across campus, and I'm heavily involved in delivering our major sporting events such as Varsity and Colours Ball.

This year I'm looking to encourage student groups to introduce welfare secretaries, review the funding system for student groups, and make campus more active.

Got ideas on how we can improve sport at Royal Holloway? Please talk to me in person or send me a message on social media. #COYBears

>> VPSPORTS@SU.RHUL.AC.UK

HOME OF THE BEARS.

The Students' Union is home to 40 sports clubs who train at fantastic facilities both on and off campus. Whether it's a casual game of Ultimate Frisbee or representing the Bears in Varsity, our clubs offer recreational and competitive opportunities.

If you want to join a club, head down to Freshers' Fair on Monday 23 and Tuesday 24 September. Take your time meeting our different sports clubs and if you see something that takes your fancy, try it out at one of their open training sessions. Want to take it further? Attend taster sessions, make the team, and represent your club in matches and competitions. If you're after something with less of a competitive edge, the Active programme and our social sports could be perfect for you.

JOIN THE PACK.

Once part of a club, you will have opportunities to get involved in all sorts on and off the pitch, such as Bears Night at your Students' Union, volunteering, coaching and Varsity. We also host the biggest sporting night of the year, Colours Ball. When it rolls around in March, you could be in with a shot at winning one of the many awards up for grabs.

>> SU.RHUL.AC.UK/SPORTS

V A R S I T Y



ROYAL HOLLOWAY - SPORT -

THE BIGGEST CLASH OF THE YEAR RETURNS AS OUR BEARS WELCOME SURREY STAGS BACK TO EGHAM FOR A BATTLE OF SPORTING PROWESS.

With 15 miles between us and the University of Surrey, Varsity is one of the biggest sporting competitions of the year. It tests our competitors' pride, passion and skill within each respective discipline.

This is the fourth edition of the contest, and there's something for everyone to watch, ranging from the traditional Football and Rugby to Cheerleading and Pole Fitness.

Last year also saw the introduction of society events including Ballroom and Gaming, as over 500 competitors and spectators headed to Surrey Sports Park for an incredible day of action. The day culminated in the Men's Basketball fixture, where we were narrowly edged out in a 69-66 thriller.

Varsity is back on our home turf on 25 March 2020 and we simply cannot wait for it!

>> SU.RHUL.AC.UK/VARSITY

GET YOUR VOICE HEARD.

WE'RE HERE TO REPRESENT YOU, WHICH MEANS THE MOST IMPORTANT VOICES IN THE STUDENTS' UNION SHOULD BE YOURS.

In May, students voted to adopt a new constitution which will radically change how you can make your voice heard. We're incredibly excited for you to have a say on more things than ever before, ensuring you are at the heart of every decision we make.

>> SU.RHUL.AC.UK/VOICE

STUDENT COLLECTIVES.

Too many groups of students are underrepresented, and it's time to give them a platform to have their voices heard. As well as organising events and campaigns, Student Collectives receive funding and work with the Union to further the general interests and collective rights of students in those groups.

STUDENT EXECUTIVES.

We want students to collaborate more effectively on key issues, so we've introduced three Student Executives: Education; Wellbeing, Community and Diversity; and Clubs, Societies and Opportunities. These will ensure Sabbbaitcal Officers directly engage with a wider range of students when planning their work, and students will feed directly into the development of policy and plans in their area.

SERVICE DEVELOPMENT GROUPS.

Got an amazing idea for next year's Summer Ball? Think you know how we could speed up student group admin? Or perhaps your favourite meal is missing from The Packhorse menu? Apply to join one of our Service Development Groups and play your part in shaping our work in key commercial areas. Our current SDGs are: Events and Entertainment; Helpdesk and Administration; Food, Beverage and Retail; Marketing and Communications.

POLICY INQUIRIES.

We deal with a number of complex, and sometimes controversial issues. That's where policy inquiries come in. These look to generate research and insight to understand the issue in more depth, identify solutions and attempting to find consensus. endsleigh

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get 24hr gadget replacement once your claim has been approved.*

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INSURANCE BEST CHOICE STUDENT INSURANCE AWARDS PROVIDER

Endsleigh Insurance Services Limited (Company No. 856705) (FRN 304295) Services Register by visiting their website at https://register.fca.org.uk/ Both *Once your claim is approved **Terms and conditions apply

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and regulated by the Financial Conduct Authority. This can be checked on the Financial In Expland at Shure ngton Road, Cheltenham Spa, Gloucestershire GL514UE.

GET THE SUPPLIES IN.

Who wants to walk 20 minutes to the shops and then carry their bags back up a hill? Literally nobody.

Luckily, the Union Shop is located on the ground floor of the Davison Building, selling fresh produce, drinks, clothing and more. We also have a dedicated vegetarian, vegan and gluten-free selection - lovely stuff.

FINDING A NEW PAD.

You're just starting your Royal Holloway journey so this is very much one for the future, but it's important.

Don't feel pressured into jumping straight into a house share with your new flatmates. Take your time and wait for the Housing Fair in November where you'll have the chance to check out properties from all across the local area.

Also make sure to check out HouseSearch. Created by us, it's your free portal to hundreds of local properties. We work with local landlords and also offer some select properties from private halls of residences and estate agents, ensuring your new home is of a high standard.

>> SU.RHUL.AC.UK/HOUSESEARCH

GETTING HOME SAFELY IS IMPORTANT. THAT'S WHY WE RUN THE NIGHT BUS SERVICE. TAKING YOU FROM OUR VENUES DIRECT TO YOUR DOOR.

Our Night Bus service runs during club nights at the Students' Union and Medicine, Starting at 10pm, it finishes its rounds only when everyone has been taken home from the latest closing venue, including our student staff.

You can get discount bus passes from the Union Helpdesk between 9am and 5pm or an individual ticket on the night from Medicine or the Union Venue's cloakroom.

As with all of our services, the Night Bus is not-for-profit. All the money that is made goes into improving the quality of student life at Royal Holloway - from bigger and better campaigns, to massive headline acts throughout the year.

GET SOME DOLLA.

Fancy a role in marketing? Events? Bars and catering? Retail? We employ over 450 student staff members across our different venues and teams.

Our recruitment starts in September so keep an eye on our website for any available roles.

>> SU.RHUL.AC.UK/JOBS



GET READY TO GIVE IT A GO!

If you're looking to develop a new skill, explore a new city, or want some free cupcakes, you'll find something among our exciting calendar of Give It A Go events.

Every year we run hundreds of smaller scale events that aren't based around alcohol and getting drunk. Some of last year's highlights included a campus Colour Run, a Warner Bros Studio Tour, pamper sessions, a free pop-up ice cream parlour and loads more.

So whether you're an adrenaline junkie, culture vulture, sports fanatic or just love trying new things, we'll have something for you!

Plus, we're all about customising our experiences to you. So if you've got an idea for an event you'd love to see, get in touch with us via the link below.

>> SU.RHUL.AC.UK/GIVEITAGO

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MAKING CAMPUS FUN.

Whether you're after free live music, an abundance of puppies, or wanting an unforgettable night out - we have you covered. Below is a small snapshot of our weekly regulars but head online or download the app to see the full programme.

>> SU.RHUL.AC.UK/EVENTS

The ideal schedule.

>> MONDAYS

Start the week at Tommy's Kitchen, chowing down on one of our delightful burgers, each available as a vegetarian alternative, or get on that hummus life with our Humpit bar.

It's a staple part of the week, so head on down to Medicine for those \pounds 1.75 drinks at Toast. P.S. It's free entry.

>> TUESDAYS

Live life on the veg. Inside and outside the Students' Union is Market Day - fresh fruit and veg, a Chinese market, and loads of hot food stalls to satisfy your stomach. From 5pm onwards, take advantage of Two for Tuesday at The Packhorse. Bring yourself down with a friend, a course mate, a partner, an enemy, or just your sweet self.

>> WEDNESDAYS

Get the pre-drinks in at MedsWeds. With drinks deals all evening and space available to book, grab your mates and get down to Medicine.

Finish up the night at the Students' Union and dance until you drop. When it's time to head home, the Night Bus service is there to get you home safely.

>> THURSDAYS

Northerners rejoice - every Thursday night at The Packhorse is Transmission, your weekly fix of indie bangers, $\pounds 2$ cheesy chips and drinks deals.

>> FRIDAYS

Our weekly celebration of culture in Medicine features a rotating calendar of music from around the world including Desi Fusion, Afrobeats, K-Pop and more.

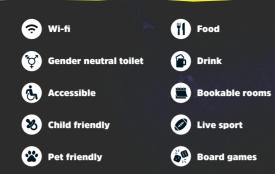
>> THE WEEKEND

Grab your flatmates and head over to The Packhorse to take on the weekly Sunday Quiz.

VENUES FOR DAYS.

Seven days, to be exact. Whether it's food, drink or a little boogie you're after, we provide something for you to do every night of the week, all year round.

>> SU.RHUL.AC.UK/VENUES



Union Venue.

First and foremost there's the Students' Union building, home of the SU main hall. We've had some incredible artists performing from Sigma and Andy C to Don Broco and Daniel P. Carter, but nothing lights up the room like our termly Pets as Therapy sessions.

Tommy's Kitchen. 중 중 중 ⓑ ⑧ ⑧

We serve the best burgers on campus along with a range of other delicious meals, catering for all dietary requirements. Grab yourself a bap and a brew before your lecture, sit in for a meal with mates, or chill outside with one of our tasty shakes. And for pitta's sake - you have to check out our hummus bar.

Medicine. ? ? . 6 6

Drop by for a dance lesson with our societies, pretend you're still good at pool after two drinks, or get on the £1.75 drinks hype at Toast - the cheapest night out you'll find in Egham. We also host events on Wednesday, Thursday and Friday evenings, so you'll never be stuck with nothing to do!

The Packhorse. Image: Image:

The Students' Union's very own pub, where you get 10% off food and drink with your College Card. If you're a foodie or a sports fan (or even both) you're in luck. With live sport screened daily, we offer incredible seasonal pub food and an amazing roast on Sundays.

WE'RE NOT THE ONLY FISH IN THE SEA.

In addition to the Students' Union venues, the College also run a range of places for you to rest, relax and rejuvinate.

Crosslands.

Grab a breakfast bap, a lunch time snack or an evening pint and take in the scenes of Founder's Building.

Boilerhouse Café. Image: Café and the second sec

Serving coffee and a wide choice of hot and cold food and drinks, the Boilerhouse Café is a great place to unwind.

Café on the Square.

Pick up a Starbucks and a bite to eat, and enjoy the open and airy space of the atrium or the sunshine in Founder's Square.

ARE YOU READY TO? HUMPDI THE HUMMUS AND PITA BAR

NEW TO ROYAL HOLLOWAY STUDENTS' UNION AWARD WINNING HUMMUS, FALAFEL, SALADS & DRINKS

With more than 35 events over the first week of term, kicking off from when you arrive on campus, Freshers' Festival is your introduction to the Students' Union and everything it has to offer There's a ton of free events, taster sessions and of course, the obligatory programme of cracking nights out.

You can find the full list of events and buy tickets on the website. su.rhul.ac.uk/freshers

> Don't miss Chase & Status + Rage (DJ Set) at Freshers' Ball on Saturday 28 September.

WRISTRANDS: what's included.

The line-up looks pretty sweet right? Now make sure you don't miss out on the fun by purchasing a Freshers' Festival wristband! As well as saving you money versus purchasing individual tickets, which will be in very limited supply, this is also the only way to guarantee your entry to all of our headline events.

Remember, the Students' Union and University are the only places to buy tickets to events. If you're unsure you're purchasing from the right place, contact us on social media.

WRISTBANDS: the packages.

We have three wristband packages, all of which come with added perks. Not only will you receive exclusive offers across our venues, you'll also gain free access to group exercise classes at the Sports Centre throughout the week. Bronze will cover events up until Friday night, but upgrade to silver and you'll bag your entry to Freshers' Ball. Or, why not go gold and enjoy thousands of local and international discounts with your very own TOTUM card.



all weekend | arrivals You can unpack properly later. First, get out and explore.

campus | free sat 21 | welcome bbg Get all up in our grill and satisfy

the packhorse | free

sun 22 | england v tonga Grab brekkie as England kick off their Rugby World Cup campaign. the packhorse | free

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23/24 | freshers' fair
Clubs, societies and freebies - the
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tue 24 | market day Our weekly instalment of fresh fruit and veg and street food.

sports centre | free

union plaza | free

wed 25 | treasure trails Win some awesome prizes while learning your way around campus. start at union plaza | free

wed 25 | disney karaoke Be our quest and join us in belting out some absolute tunes. union tent | free thu 26 | union fest Expect street food, candyfloss, music and a petting zoo! union plaza | free

by

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fri 27 | laser tag Challenge your new mates in the ultimate battle. union venue | £3

fri 27 | tea party A cuppa and a picnic - what's

union tent | free

sat 28 | ikea trip Pick up all those extra bits you couldn't fit in the car. meet at union plaza | £14

sun 29 | Colour run Get to know campus the colourful way.

sports centre | £7

uk/fre 0 ā buy tick .rhul.a nd h

find the

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mon 23 | toast

Get on the £1.75 drinks hype at the first Toast of the year. medicine | free

mon 23 | live: acoustic Enjoy live acoustic tunes in an alcohol-free environment imagine | free

tue 24 | **vk electric** VK bring confetti cannons. inflatables and glow sticks. union venue | £5 / £7 •

tue 24 | Casa amor

We've got a text! Love Island's Chris Taylor is coming to Medicine. medicine | £5 / £7

wed 25 | karaoke

With 4000+ sonas to choose from, this will be unforgettable. the packhorse | free

thu 26 | transmission The ultimate indie night with £2 drinks and live music from 8pm. the packhorse | free

medicine | free / £3 after 11pm sun 29 | slumber party Cuddle up with blankets and a

movie - tuck shop available! medicine | free

fi 27 | silent disco

imagine | free

sat 28 | antidote

down at Medicine

sun 29 | big fat pub quiz

Break out all that useless general knowledge vou've obtained. the packhorse | £1

thu 26 | rainbow rave Our LGBTQ+ night, featuring drag act Petty Nonsense. medicine | free / £3 after 11pm

fri 27 | desi fusion Throw your best shapes on the dance floor. ft. Paniabi MC. medicine | free / £3 after 11pm

Join us for an alcohol-free night of very quiet grooving.

We've got the cure for boredom

sat 21 freshers' party union venue | £5 / £7 • sun 22 foam party union venue | £5 / £7 •

mon 23 | ibiza pool party ft. patrick nazemi Ibiza Rock's Patrick Nazemi, deck chairs & bubble machines. union venue | £5 / £7 •

wed 25 | flawless ft. big narstie + dj cameo The grime levels are about to go off the charts. union venue | £10 / £12 •

thu 26 | smells like teen spirit ft. two door cinema club (DJ Set)

The Irish indie rockers are set to bring the house down. union venue | £10 / £12 •

fi 27 | pop! ft. sisters of rupaul's drag race Featuring Shuga Cain, Scarlet Envy & Mercedes Iman Diamond. union venue | £10 / £12 •

sat 28 | freshers' ball ft. chase & status (DJ Set) The biggest night of Freshers, featuring Chase & Status + Rage. founder's quads | £20 / £25 • Silver/gold wristbands only





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