

The image features a series of horizontal bars in teal and pink, arranged in a stepped, overlapping fashion. A central yellow rectangular box contains the text 'Introduction to Sport' in a bold, black, sans-serif font. The background is a light, textured off-white color.

Introduction to Sport

Housekeeping

- Questions
- Feedback form
- Attendance Registration



MEET THE TEAM



JULIA SAUNDERS
Student Opportunities
Manager



ISSY TRAPNELL HOYLE
Societies Coordinator



LIAM MOORE
Sports Club Coordinator



STUDENT OPPORTUNITIES
ADMIN ASSISTANTSx3

MEET THE TEAM



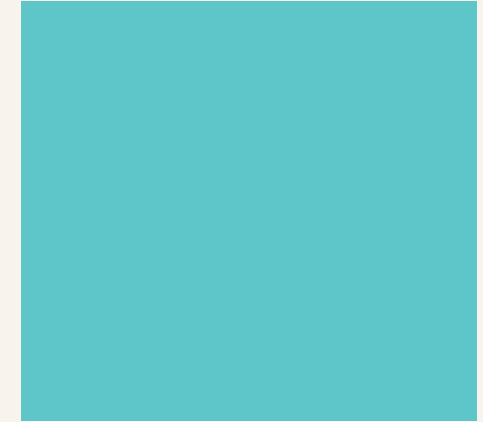
DAVID GALLARDO GONZALEZ
Outgoing Vice President
Societies and Sport



NATHAN LINDE
Incoming Vice President
Societies and Sport



RORY FORD
Helpdesk Coordinator



HELPDESK ASSISTANTS

Objectives of the session

- To understand the differences between the SU and ALS and how both can support you
- To understand the operating standards and requirements of being a sports club and the importance of following these
- To understand the key tasks for the summer to get ready for the year ahead
- To know what processes and policies are in place to support your club



The SU and ALS

The SU have ownership of Student Groups, They are covered within the SU constitution
We have overall responsibility for Sports clubs

The SU have oversight of all student group activity -
from regular activity, and implementing the processes to aid delivery of your events, governance, finances, elections and training

The SU manage fixtures, bookings and major events such as Varsity and Colours Ball

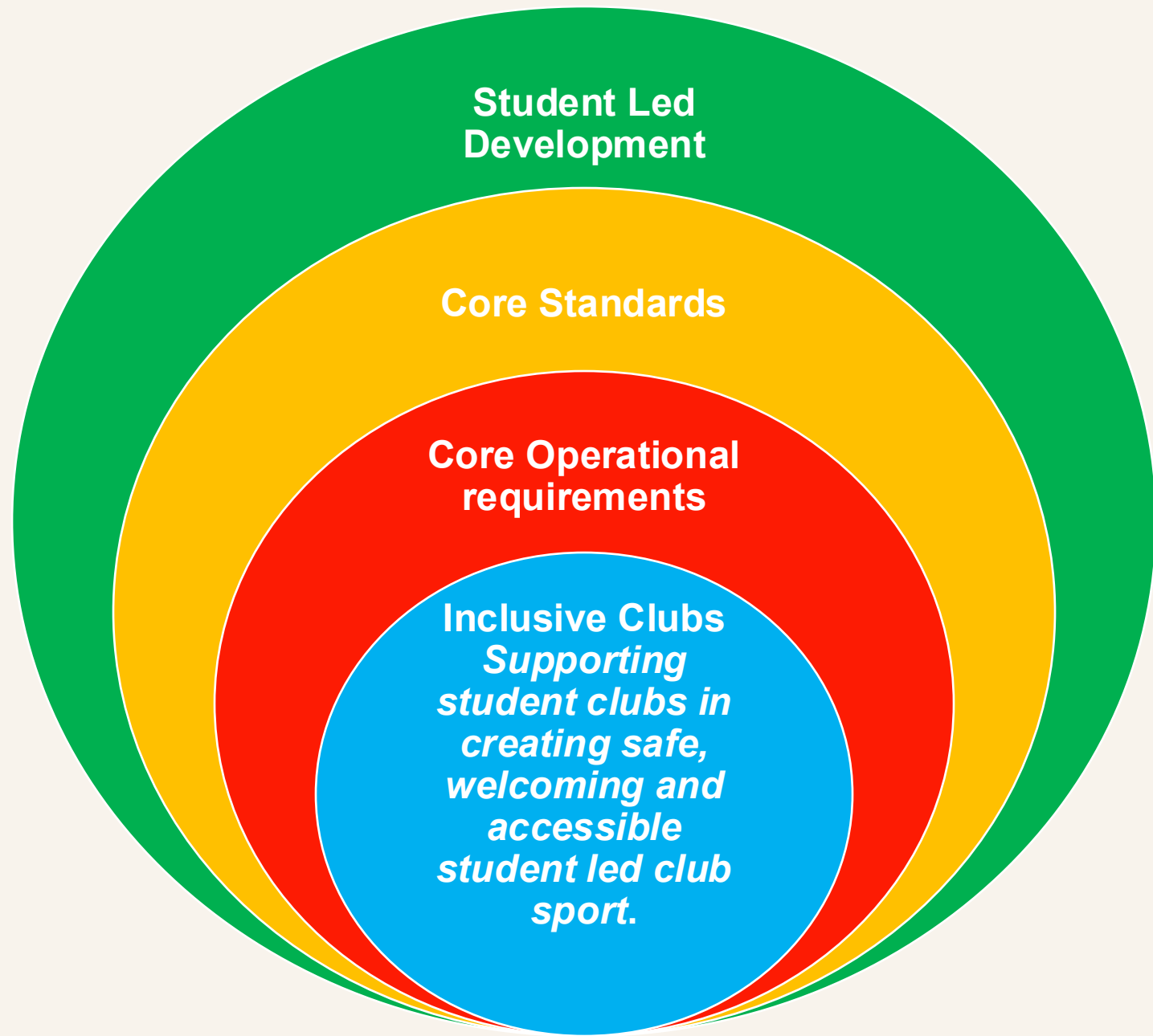
ALS Vision is: Creating healthier, happier and engaged communities of students, staff and local residents using sport and physical activity as a tool for change.

ALS manage the Sport Facilities, provide opportunities for getting involved with physical activity and participating in non club sport as well as enabling training and fixture time for sports clubs

ALS can provide opportunities to support student leaders in sport, assist with sport volunteering and work with clubs and SU to enable clubs to be the best that they can be both as committee and players.



Operating a Sports Club



**Student Led
Development**

Core Standards

**Core Operational
requirements**

**Inclusive Clubs
Supporting
student clubs in
creating safe,
welcoming and
accessible
student led club
sport.**

Student Led Development

Performance Club

Strength and Conditioning

Volunteer support

Additional Royal Holloway Sport (ALS/SU) staff support

Charity Events and Hire

Recognition throughout the year

Coach Support

Core Standards

Behaviour = University Values, Code of Conduct and T&Cs of facility, at training fixtures and all events (incl social)
SU Sports Club Membership
NGB registration as required
Following Branding guidelines
Using social media correctly
Correct Playing and committee Kit when representing RHUL.
Adhered to throughout the year.

Core Operating Requirements

'To ensure the safety of all participants and spectators at any club led event'
Min operating requirements
Equipment checks
Risk Assessments
First Aid (need to talk reporting)
Inclusive culture recognised in RA
Adhered to throughout the year

Compliance Check List

- Each committee is required to complete the core requirements to operate as a sports club and agree to adhere to the core standards throughout the year.
- Each committee will need to complete a compliance check list that is signed off by the SU and ALS to operate
- For clubs training and/or playing at the Sports Centre these check lists will also be required before any training or fixtures can take place.



Non-Compliance

Core Operating Requirements are essential for running a sports club safely. Non-compliance with these will mean that the club cannot continue.

Core Standards is how Royal Holloway Sports Clubs and their members are expected to act. Non-compliance with these will follow the following strike system.

1 st Instance	2 nd Instance	3 rd Instance
Email identifying issue and next steps for club	Meeting identifying persistent issue or another unrelated but adding and consequence if not addressed	Meeting with consequence / action

National Governing Bodies



- We will affiliate you to your national governing body over the summer



- They set out the requirements for you to operate



- They also can provide opportunities



Coaching

Coach Recruitment

- Coach registration must be done by 28/08
- How to recruit?
- Coaching for committee



Coach Onboarding

- Must be done annually
- Coaching code of conduct



Coaching things to think about

- If your NGB says you need a coach, you need a coach!
- If you have had the same coach for a long time, check if they're still the right fit
- Concerned about a coach? Let us know so we can help you through it
- It is important to remember that coaches are not managers and should not be involved in fixture re arrangements, bookings or committee decisions.



Competitions

BUCS and LUSL

- What the difference?
- Team Entries
- Individual competitions
- Fixture Management



Facilities

Training Facility Allocation Principles

- The principles are set out to ensure allocation is fair and consistent across all clubs
- There is no opportunity for change after the allocation is confirmed
- Allocation is for term 1 and 2 only

Members	Sessions Allocated
0-40	1
41-80	2
81+	3



Training Facility Allocation Principles

- Facility allocation is determined by a memorandum of cooperation between Royal Holloway and RHSU
- Royal Holloway offer over 130 hours a week of free facility space.
- The SU + ALS work together to allocate this fairly
- Final allocation will be sent out in July



Training Facility Allocation Dates

- Taster Session - 23rd September to 27th September
- Trials - Booked in separately
- Term 1 - W/C 28th September to Sunday 6th December
- Term 2 - W/C 18th January to Sunday 21st March
- Term 3 - No allocation

- Opt-in
 - W/C 7th December
 - W/C 11th January
 - W/C 22nd March



Fixtures Facility Allocation

- Clubs will be guaranteed space (either allocated on campus or external facility space funded) for one team (or two teams if there is a men's and women's split).
- If space is not available after this, the cost of an external facility hire will need to be funded by the club.
- New teams entered into 26/27 - will have to cover external facility hire



External Facilities

- Facilities we use regularly where we don't have space on campus e.g. Strodes, ACS, Egham Orbit
- Specialist facilities that do not exist on campus e.g. swimming pool, golf courses, climbing wall etc.
- Annual H&S visits



Health and Safety

Health and Safety

- Your responsibility to operate safely
- First aid kits
- First aid training
- Annual Services/Inspections
- Risk Assessments



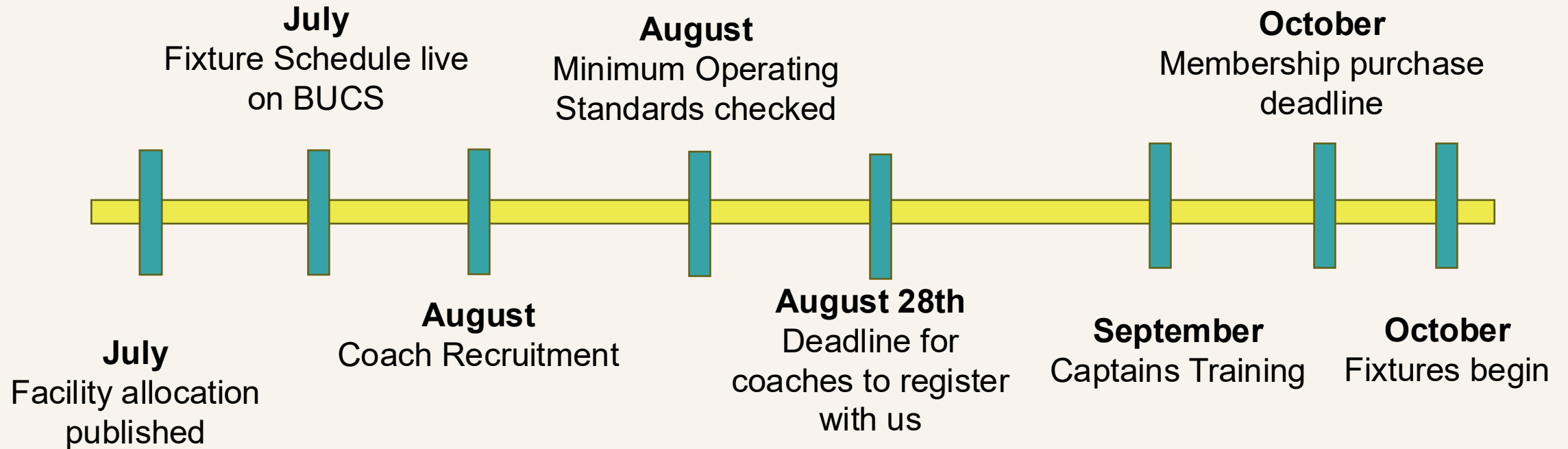
Injuries on the pitch

- Team Medic attend on Wednesdays
- Ensure injuries are reported to the SU
- Complete the Incident report form
- Insurance details can be provided
- Concussion



Summer 2026

Getting ready for sport



Summer Meetings

- Meet with members of the SU and/or ALS to get support in a variety of different areas
- VPSocSport - Committee & governance
- Sports Club Coordinator - Plans, finances, Competitions & Summer admin



A Year In The Life

Term 1

- Freshers' Fair
- Taster Sessions
- Trials
- Fixtures begin

Term 2

- Conference Finals
- Competition Season Starts
- Fixture season finishes
- Colours Ball
- Varsity

Term 3

- Elections
- Handover
- Student Leader Conference





ROYAL
HOLLOWAY
— SPORT —



Active Lifestyle and Sport

Royal Holloway Sport – Vison

Creating healthier, happier and engaged communities of students, staff and local residents using sport and physical activity as a tool for change.

Royal Holloway Sport – Purpose

Providing, supporting and facilitating sport and physical activities which reduces inequalities, motivates, develops and nurtures individuals to be active and successful (for life).

Royal Holloway Sport – Strategic Framework



THANK YOU

Questions?

Please complete this form to give us your feedback on the session

