### Introduction to Sport





# Housekeeping

- •Questions
- Feedback form
- Attendance Registration



### **MEET THE TEAM**









**STUDENT LEADER CONFERENCE** 

#### ISSY TRAPNELL HOYLE Societies Coordinator

#### WILL HARRINGTON Sports Club Coordinator

#### STUDENT OPPORTUNITIES ADMIN ASSISTANT

### **MEET THE TEAM**







BANA ASQALAN Outgoing Vice President Societies and Sport

**STUDENT LEADER CONFERENCE** 

DAVID GALLARDO GONZALEZ Incoming Vice President Societies and Sport

RORY FORD Helpdesk Coordinator



# **Objectives of the session**

•To understand the differences between the SU and ALS and how both can support you

To understand the minimum operating standards of being a sports club and the importance of following these
To understand the key tasks for the summer to get ready for the year ahead

•To know what processes and policies are in place to support your club

## The SU and ALS

The SU have ownership of Student Groups, They are covered within the SU constitution We have overall responsibility for Sports clubs

The SU have oversight of all student group activity from regular activity, and implementing the processes to aid delivery of your events, governance, finances, elections and training

The SU manage fixtures, bookings and major events such as Varsity and Colours Ball ALS Vision is: Creating healthier, happier and engaged communities of students, staff and local residents using sport and physical activity as a tool for change.

ALS manage the Sport Facilities, provide opportunities for getting involved with physical activity and participating in non club sport as well as enablling training and fixture time for sports clubs

ALS can provide opportunities to support student leaders in sport, assist with sport volunteering and work with clubs and SU to enable clubs to be the best that they can be both as committee and players.

# Goaching



## **Goach Recruitment**

- Coach registration must be done by 01/09
- How to recruit?
- Coaching for committee



# **Goach Onboarding**

- Must be done annually
- Coaching code of conduct





# **Goaching things to think about**

- If your NGB says you need a coach, you need a coach!
- If you have had the same coach for a long time, check if they're still the right fit
- Concerned about a coach? Let us know so we can help you through it
- It is important to remember that coaches are not managers and should not be involved in fixture re arrangements, bookings or committee decisions.



## Competitions



## **BUCS and LUSL**

- What the difference?
- Team Entries
- Individual competitions
- Fixture Management

### Facilities



# **Training Facility Allocation Principles**

- The principles are set out to ensure allocation is fair and consistent across all clubs
- There is no opportunity for change after the allocation is confirmed
- Allocation is for term 1 and 2 only

Members	Sessions Allocated
0-40	1
41-80	2
81+	3

# **Training Facility Allocation Principles**

- Facility allocation is determined by a memorandum of cooperation between Royal Holloway and RHSU
- Royal Holloway offer over 130 hours a week of free facility space.
- The SU + ALS work together to allocate this fairly
- Final allocation will be sent out in July

# Fixtures Facility Allocation

•Clubs will be guaranteed space (either allocated on campus or external facility space funded) for one team (or two teams if there is a men's and women's split).

•If space is not available after this, the cost of an external facility hire will need to be funded by the club.

•New teams entered into 25/26 - will have to cover external facility hire



### **External Facilties**

•Facilities we use regularly where we don't have space on campus e.g. Strodes, ACS, Egham Orbit

•Specialist facilities that do not exist on campus e.g. swimming pool, golf courses, climbing wall etc.

•Annual H&S visits



### What do you think are examples of Minimum Operating Standards



# Minimum Operating Standards

- Collect your first aid kit before your taster session
- □ LUSL captains attend first aid training
- □ Coaches registered before 01/09
- □ General Risk Assessment completed before 19/08
- □ Summer Admin Checklist completed before 19/08
- □ Code of Conduct and Constitution signed by 19/08
- □ Following the brand guidelines
- Wearing Surridge playing kit
- Core Committee elected
- Attended all essential sessions at the SLC

# National Governing Bodies



**BRITISH** CYCLING

•We will affiliate you to your national governing body over the summer

•They set out the requirements for you to operate

•They also can provide opportunities



## Health and Safety



## Health and Safety

•Your responsibility to operate safely

•First aid kits

•First aid training

•Annual Services/Inspections

•Risk Assessments



# **Injuries on the pitch**

- •Team Medic attend on Wednesdays
- •Ensure injuries are reported to the SU
- •Complete the Incident report form
- Insurance details can be provided



Concussion

### **Summer 2025**



# Getting ready for sport



# Summer Meetings

•Meet with members of the SU and/or ALS to get support in a variety of different areas

•VPSocSport - Committee & governance

•Sports Club Coordinator Wednesdays 13:15-16:15 -Plans, finances, Competitions & Summer admin

## **A Year In The Life**

#### Term 1

- Freshers' Fair
- Taster
   Sessions
- Trials
- Fixtures begin

#### Term 2

- Conference Finals
- Competition
  - Season Starts
- Fixture season
  - finishes
- Colours' Ball
- Varsity

### Term 3

- Elections
- Handover
- Student Leader
   Conference



### **Active Lifestyle and Sport**



### **Meet the team**



Adam Fisher Campus Sport & Physical Activity Officer



Facilities & Grounds Senior



Sports Operations Manager

Manager



David Cole Wellbeing & Fitness Officer



**Emily Moyes** Sports Workforce & Community Engagement Officer



Sports Communications

Officer





Jack Johnson Assistant Sports Operations Manager





### **Royal Holloway Sport – Vison**

Creating healthier, happier and engaged communities of students, staff and local residents using sport and physical activity as a tool for change.

### **Royal Holloway Sport – Purpose**

Providing, supporting and facilitating sport and physical activities which reduces inequalities, motivates, develops and nurtures individuals to be active and successful (for life).

### **Royal Holloway Sport – Strategic Framework**



### **Royal Holloway Sport – Club Development Pathway**



### THANK YOU

Questions?

Please complete this form to give us your feedback on the session

